

SEPTEMBER LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
6 Labor Day School Closed No School Lunch	7 Chicken Noodle Soup Tomato Soup* Macaroni & Cheese Steamed Broccoli Salad Bar & Fresh Fruit Sandwich Bar	8 Chicken Noodle Soup Cream Style Corn Chowder* BBQ Chicken Strips Brown Rice Steamed Asparagus Salad Bar & Fresh Fruit Sandwich Bar	9 Rosh Hashanah School Closed No School Lunch	10 Chicken Noodle Soup Vegetable Soup* Beef Hot Dogs w/ Wheat Bun Country Potato Salad Steamed Peas & Carrots Salad Bar & Fresh Fruit Sandwich Bar
13 Chicken Noodle Soup Sweet Potato Soup* Roasted Pork Tacos w/ Sweet Salsa Black Beans & White Rice Steamed Broccoli Salad Bar & Fresh Fruit Sandwich Bar	14 Chicken Noodle Soup Minestrone Soup* Chicken Parmesan Angel Hair Pasta w/ EV Olive Oil Steamed Peas & Carrots Salad Bar & Fresh Fruit Sandwich Bar	15 Chicken Noodle Soup Yellow Split Pea Soup* Salisbury Steak w/ Gravy Roasted Potato Wedges Steamed Green Beans Salad Bar & Fresh Fruit Sandwich Bar	16 Chicken Noodle Soup Broccoli Soup* Tricolor Cheese Tortellini w/ Light Alfredo Sauce Steamed Zucchini & Yellow Squash Salad Bar & Fresh Fruit Sandwich Bar	17 Chicken Noodle Soup Carrot-Ginger Soup* Baked Breaded Cod Fish Boiled Parsley Potatoes Steamed Sugar Snap Peas Salad Bar & Fresh Fruit Sandwich Bar
20 Chicken Noodle Soup Black Bean Soup* Chicken & Cheese Quesadillas Mexican Rice Steamed Yellow Squash Salad Bar & Fresh Fruit Sandwich Bar	21 Chicken Noodle Soup Escarole Soup* Italian Meatballs (Beef & Pork) Wheat Spaghetti w/ Marinara Steamed Wax Beans Salad Bar & Fresh Fruit Sandwich Bar	22 Chicken Noodle Soup Egg Drop Soup* Beef Stir Fry Brown Rice Asian Mixed Vegetables Salad Bar & Fresh Fruit Sandwich Bar	23 Chicken Noodle Soup Three Bean Soup* Turkey Marsala Orzo Sautéed Spinach Salad Bar & Fresh Fruit Sandwich Bar	24 Chicken Noodle Soup Tomato Soup* Grilled Cheese Sandwiches Potato Chips Steamed Broccoli Salad Bar & Fresh Fruit Sandwich Bar
27 Chicken Noodle Soup Onion Soup* Traditional Meatloaf w/ Gravy Creamy Mashed Potatoes Succotash (Lima Beans & Corn) Salad Bar & Fresh Fruit Sandwich Bar	28 Chicken Noodle Soup Vegetable Soup* Three Cheese Ravioli w/ Tomato-Basil Sauce Steamed Zucchini Salad Bar & Fresh Fruit Sandwich Bar	29 Chicken Noodle Soup Red Lentil Soup* Chicken Biryani Basmati Rice Steamed Bok Choy Salad Bar & Fresh Fruit Sandwich Bar	30 Chicken Noodle Soup Red Bean & Vegetable Soup* Roasted Pork Tenders w/ Apples Cous Cous Sugar Snap Peas Salad Bar & Fresh Fruit Sandwich Bar	1 Chicken Noodle Soup Miso Soup* Sweet n' Sour Chicken Brown Rice Steamed Edamame Salad Bar & Fresh Fruit Sandwich Bar
31 Chicken Noodle Soup Cauliflower Soup* Chicken Marsala White & Wild Rice Steamed Zucchini & Yellow Squash Salad Bar & Fresh Fruit Sandwich Bar	1 Chicken Noodle Soup Yellow Lentil Soup* Ground Turkey Steak w/ Gravy Roasted Rosemary Potatoes Steamed Cauliflower & Broccoli Salad Bar & Fresh Fruit Sandwich Bar	2 Chicken Noodle Soup Potato Leek Soup* Spanish Cod Fish (Red Sauce) Saffron Rice Steamed Green Beans Salad Bar & Fresh Fruit Sandwich Bar	3 Chicken Noodle Soup Sweet Pea Soup* Grilled Chicken Farfalle Pasta w/ EV Olive Oil Steamed Broccoli Salad Bar & Fresh Fruit Sandwich Bar	4 Chicken Noodle Soup Vegetable Barley Soup* Beef Hamburgers Tater Tots Steamed Peas & Carrots Salad Bar & Fresh Fruit Sandwich Bar