

What's for lunch?



| April 3-7 | Monday | Tuesday | Wednesday | Thursday | Friday |
|-------------------|--------------------------------|----------------------------|--------------------------------------|--------------------------------------|---|
| Entrée | BBQ Pulled Pork ^(P) | Taco Tuesday: Turkey Tacos | Cornflake Chicken ^(D E G) | Beef Burgers | Cheese Pizza ^(G D) |
| Vegetarian Entrée | Baked Ziti ^(G D) | Seasoned Black Beans | Herb Tofu ^(S) | Chickpea Burgers ^(E) | Veggie Pizza & GF Option ^(G D) |
| Side | Steamed Peas | Steamed Corn | Sautéed Spinach | Steamed Green Beans | Steamed Broccoli |
| Side | Roasted Cauliflower | Roasted Plantains | Roasted Potatoes | Mashed Sweet Potatoes ^(D) | Roasted Carrots |
| Soup | Vegetable & Rice | Chicken Tortilla | Tomato | Minestrone ^(G) | Butternut Squash |

Cold Bar offerings include: salad greens, vegetable crudités, flavored yogurts & granola, deli meats (ham or turkey), cheese, hard-boiled eggs, olives or pickles, pita crisps or soft pita, wraps, bread, sunflower butter & jelly sandwiches, specialty spread, specialty salad and condiment bar (mayonnaise, ketchup, mustard, tamari & salad dressings).

We serve water, local milk and fresh fruit daily. On Fridays, we offer a special dessert (gluten-free/dairy-free dessert available).

What's for lunch?



| April 10-14 | Monday | Tuesday | Wednesday | Thursday | Friday |
|-------------------|--|--|--|---|--------|
| Entrée | Mac & Cheese <small>(D) (G)</small> | Buffalo Chicken Drumsticks <small>(D)</small> | Herb Turkey Burgers | Teriyaki Beef Meatballs <small>(S) (G) (E) (A)</small> | |
| Vegetarian Entrée | Rice Noodles with Chickpeas & Herbs | Tofu Scramble <small>(S)</small> | Green Quinoa <small>(D)</small> | Vegetable Stir Fry with Peas <small>(S)</small> | |
| Side | Sautéed Spinach | Steamed Collard Greens | Steamed Green Beans | Brown Rice | |
| Side | Roasted Carrots | Roasted Potatoes | Roasted Sweet Potatoes | Sautéed Bok Choy | |
| Soup | Spring Pea | Spring Carrot | Potato & Cheddar <small>(D)</small> | Miso <small>(S)</small> | |

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What's for lunch?



| April 17-21 | Monday | Tuesday | Wednesday | Thursday | Friday |
|----------------------|--------|-------------------------------|-------------------------------------|---|-------------------------------|
| Entrée | | Taco Tuesday: Turkey Tacos | Spring Herb Chicken Breast | Chicago Beef Hot Dogs | Arroz con Pollo |
| Vegetarian Entrée | | Vegetarian Tacos | Herb Tofu (S) | Vegetarian Hot Dogs (E G S) | Mexican-Style Rice & Beans |
| Side | | Steamed Corn | Steamed Collard Greens | Steamed Broccoli | Steamed Green Beans |
| Side | | Roasted Plantains | Mashed Potatoes (D) | Vegetarian Baked Beans | Roasted Sweet Potatoes |
| Soup | | Chicken Tortilla | Minestrone (G) | Potato Leek | Three Sisters |

Cold Bar offerings include: salad greens, vegetable crudités, flavored yogurts & granola, deli meats (ham or turkey), cheese, hard-boiled eggs, olives or pickles, pita crisps or soft pita, wraps, bread, sunflower butter & jelly sandwiches, specialty spread, specialty salad and condiment bar (mayonnaise, ketchup, mustard, tamari & salad dressings).

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What's for lunch?



| April 24-28 | Monday | Tuesday | Wednesday | Thursday | Friday |
|-------------------|---|---------------------------------|-----------|---|--------|
| Entrée | Pork Carnitas ^(P) | Blackened Chicken Drumsticks | | Italian Beef Meatballs in Tomato Sauce ^(G) ^(E) | |
| Vegetarian Entrée | Baked Ravioli ^(D) ^(G) | Blackened Tofu ^(S) | | Mediterranean Quinoa ^(D) | |
| Side | Roasted Carrots | Brown Rice | | Steamed Broccoli | |
| Side | Steamed Peas | Red Beans | | Sautéed Mushrooms | |
| Soup | Tomato | Potato & Cheddar ^(D) | | Pasta e Fagioli ^(G) | |

Cold Bar offerings include: salad greens, vegetable crudités, flavored yogurts & granola, deli meats (ham or turkey), cheese, hard-boiled eggs, olives or pickles, pita crisps or soft pita, wraps, bread, sunflower butter & jelly sandwiches, specialty spread, specialty salad and condiment bar (mayonnaise, ketchup, mustard, tamari & salad dressings).

We serve water, local milk and fresh fruit daily. On Fridays, we offer a special dessert (gluten-free/dairy-free dessert available).